

Email Sent to All District Superintendents During the fall of 2005

In reference to the district-wide wellness policy required by federal law (as opposed to the council wellness policies required by Senate Bill 172), at this time KSBA is recommending the following to districts:

- 1) Organize a local district-wide wellness work group along the lines of the information provided in the attachment (**KSBA Guide for Implementation of SB 172***).
- 2) Once the Food Service Director completes the school nutrition program report as required by Senate Bill 172, that information should be reviewed/discussed by the work group. The report must address:
 - a. An evaluation of compliance with the National School Breakfast/Lunch program;
 - b. An evaluation of the availability of contracted fast foods or foods sold through commercial vendors;
 - c. A review of access to foods and beverages sold outside the National School Breakfast/Lunch program, including vending machines, school stores, canteens and a la carte cafeteria sales;
 - d. A list of foods and beverages available to students, noting the nutritional value of those foods and beverages; and
 - e. Recommendations for improving the school nutrition environment.
- 3) Once your physical activity assessments have been completed, summary information should be shared with the work group to consider as a possible topic for your district-wide wellness policy.
- 4) Immediately following the release of the nutrition report, the Board will discuss the findings and seek public comment during a publicly advertised Board meeting. By January 31 of each year, the Board must hold an advertised public forum to present a plan to improve school nutrition in the District. Then, the District will have to compile a summary of findings and recommendations and submit the summary to the Kentucky Board of Education. The district-wide wellness work group will need to be kept abreast of all information resulting from this process.

At the 2006 KSBA Conference, there will be a session to discuss translating each local wellness work group's recommendations into a proposed wellness policy for Board consideration. We anticipate we will have sample provisions to share at that time. (See attached working policy template for a possible format we may recommend that districts follow in revising the current policy area of 09.2 to transform it into a wellness policy. Each district would have the option to check the provisions the Board wants included in the policy and, of course, the additional discretion to add different provisions.)

Prior to receipt of the annual policy update in June, the wellness work group should have completed its work and presented a policy recommendation to the Board, which then can be returned to KSBA along with the policy update checklist.

*** This document is available online using address:**

<http://www.ksba.org/sb172main.htm>